

# October

2019

## Football Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6 <i>Film and Practice</i> 5 pm	7 <i>Practice 3:15</i>  <b>ONW @ GEJV</b> 6 pm	8 <i>Practice 3:15</i>	9 <i>Pregame 3:15</i> <i>Team Meal 5:30</i>  <i>Freshmen at 6 pm</i> <i>Home</i>	10 <b>Varsity @ SM North 7 pm</b>	11 <i>Film/Stretch after School</i>	12 <i>No Football Activities</i>
13 <i>No Football Activities</i>	14 <i>White Day Lift at 7:00 am</i> <i>Varsity Practice 3:15</i> <b>JV @ SM North</b> 4:15 pm	15 <i>Practice 12:45</i> <i>Lift in class</i>	16 <i>Practice 8 am to 11 am</i> <i>Blue lift at 11 am to 12 pm</i>	17 <i>Practice 8 am to 11 am</i> <i>No Lifting</i>	18 <i>Lift 8-9</i> <i>Walkthrough 9-9:30</i> <i>Breakfast 9:30</i>  <b>Varsity v. SM NW 7 pm</b>	19 <i>No Football Activities</i>
20 <i>Film 5 pm</i>	21 <i>Blue Day Lift 7 am</i> <i>Practice 3:15</i> <b>JV v. SM NW 6 pm</b>	22 <i>Practice 3:15</i>	23 <i>Practice 3:15</i>	24 <i>Pregame 3:15</i> <i>Team Meal 5:30</i>	25 <b>Varsity @ SM West 7 pm</b>	26 <i>No Football Activities</i>
27 <i>Film 5 pm</i>	28 <i>White Day Lift 7 am</i> <i>Practice 3:15</i>	29 <i>Practice 3:15</i>	30 <i>Practice 3:15</i>	31 <i>Pregame 3:15</i> <i>Team Meal 5:30</i>	Nov. 1 <b>PLAYOFF GAME</b> <b>TBD</b>	